

Presented by





Park City, UT

The International Mountain Bicycling Association (IMBA) designated Park City as the first Gold Level Ride Center and with 450 miles of mountain bike trails to prepare yourself for we can see why! Now only five other locations around the globe share that title -an exclusive group for a proud few. With its world class combination of ample amenities and amazing single-track, Park City has become a premier mountain biking destination. Surrounded by 3 large mountain resort, The Canyons, Deer Valley and PCMR Park city offers amazing long and fast descents, technical sections and features, heart-pounding climbs, multiple bike parks for all levels, and world class ski resorts providing lift-access mountain biking, Park City is definitely as versatile in terrain as it is breathtaking in scenery.



GH W ST SALOU SALOU

Moab, UT

Moab, Utah has become an undisputed "must do" for mountain bike enthusiasts by virtue of its beautiful red rock terrain, views that go on forever and trails that range from beginner to advanced. While the National Parks were still relatively empty, and the mining boom was all but forgotten by the early 1980's, a new and unexpected renaissance was about to hit the hills of Moab. An entirely new sport called "mountain biking". Mountain biking was pioneered in Marin County and Crested Butte, but Moab, Utah was the place where mountain biking sparked public imagination. It was a clever ploy by Hank Barlow to launch the first issue of "Mountain Bike Magazine" with photography of people riding the new pedaled contraptions on the rolling slickrock hills with red rock cliffs and blue skies blazing in the background and the rest was history.







Day 1,

As you fly into SLC Airport we will arrange shuttle transport to your accomodation in Park city, sit back and enjoy the view as you wind up the canyon to the host mountain of the 2002 Winter Olympic Games. A short 45 min drive we will meet you at the beautiful Yarrow accomodation in the heart of Park city to get you checked in and settled. Shower, refresh and get ready to build your bikes for an easy cruise around this beautiful town to stretch the legs and push through any jet lag. Dinner will be at the local favourite Squatters roadhouse grill, a relaxed microbrewery crafting seasonal & year-round beers & eclectic american grill grub, we recommend the full suspension pale ale and the hop rising double ipa.



Ride: Trailside - 2 hours

Dinner: Squatters roadhouse

Drinks: Local Craft Beers









Day 2,

Wake up to the fresh mountain air and enjoy breakfast in our accommodation, You may notice the thin air as we are at almost 7000 feet and to help ease into the acclimation today we will enjoy the lift access park city has all around and what better way to start then riding the Mountain that the are is named after Park City Mountain Resort (PCMR). With trails for all abilities it is the perfect 1st day in our new surroundings as we ramp up our skill level on the old silver mining town. Ride trails such as Mojave, CMG, Spiro, Eagle and Loose Moose. The names are not just for fun it is common to see moose and deer as we ride PCMR as well as Silver mines from the late 1800's. After exploring the mountain relax on the iconic main street of park city for lunch and refuel ready to do as many lifted runs as you can pack into the afternoon. In the USA there is endless mexican cuisine and park city is no exception as we taste a long time staple of the are El chubasco. Famous for its fresh made daily salsa the place is a must try, we recommend any of the big burritos smothered in verde salsa.



Lunch: Main Street **Ride:** Park City Mountain Resort, Chair lift runs **Dinner:** El Chubasco

Mexican Grill





Day 3,

Now we are into the flow of riding lets ramp things up a little as we head to the newest of the 3 mountains and spend a day at the canyons. No green trails here just long blue level descents and a few black runs thrown in the mix if we are feeling up to it. To take on the new level of riding we will have a 2 hour session training with the guides to focus on our bike handling skills looking at riding position and balance, proper cornering technique and last of all drop offs. These bike skills are crucial to carrying speed and flow going downhills and at the canyons we have plenty of it to practice. Serviced by the red pine gondola we load our bikes up and get ready to bomb down trails like holly's, ambush, ricochet and the infamous insurgent with some of the runs lasting over 15 minutes. After another gravity feed day get ready for local dinner at the farm. Named one of "Utah's 25 Best Restaurants" in 2015. A rustic, yet refined dining experience offering a menu that emphasizes regionally-sourced ingredients. The menu is always changing with local foods and any choice is sure to please.

Lunch: The Canyons Resort

Ride: Red pine gondola runs at The Canyons.

Dinner: The Farm









As we get better on the bike and used to the mountain air it's time to head out for an xc/enduro style adventure as we step out of the main three mountains and go on a 27 km loop sitting at the base of the Park city area in a place called Glenwild. Attracting long hours of sun the glenwild area can be filled with wildflowers and sprouting cottonwoods, a little more dusty the area can be a challenge to ride but all with amazing scenery of the large mountain range as we climb up to the local favourite trail flying dog. Glenwild is a little out of the main areas of the city making it hard hitting trail without all the visitors and the 10km decent will leave a long lasting well earned smile on your face. After all that hard work you deserve a good meal and the No Name Saloon has just that with being well known for the best bison burger in utah. Self proclaimed "AMERICA'S LAST AUTHENTIC MINERS ORGANIZATION OF **DEBAUCHERY**" The no name saloon will keep the party going till late at night claiming they are also the place famous for people forgetting their name.

Lunch: Pick up on the

way to Glenwild

Ride: Glenwild/Flying

dog - 4 hours

Dinner: No Name

Saloon









Lunch: Deer Valley

Resort

Ride: Deer Valley Mountain bike park, Chair lifted runs

Dinner: Wasatch Brew

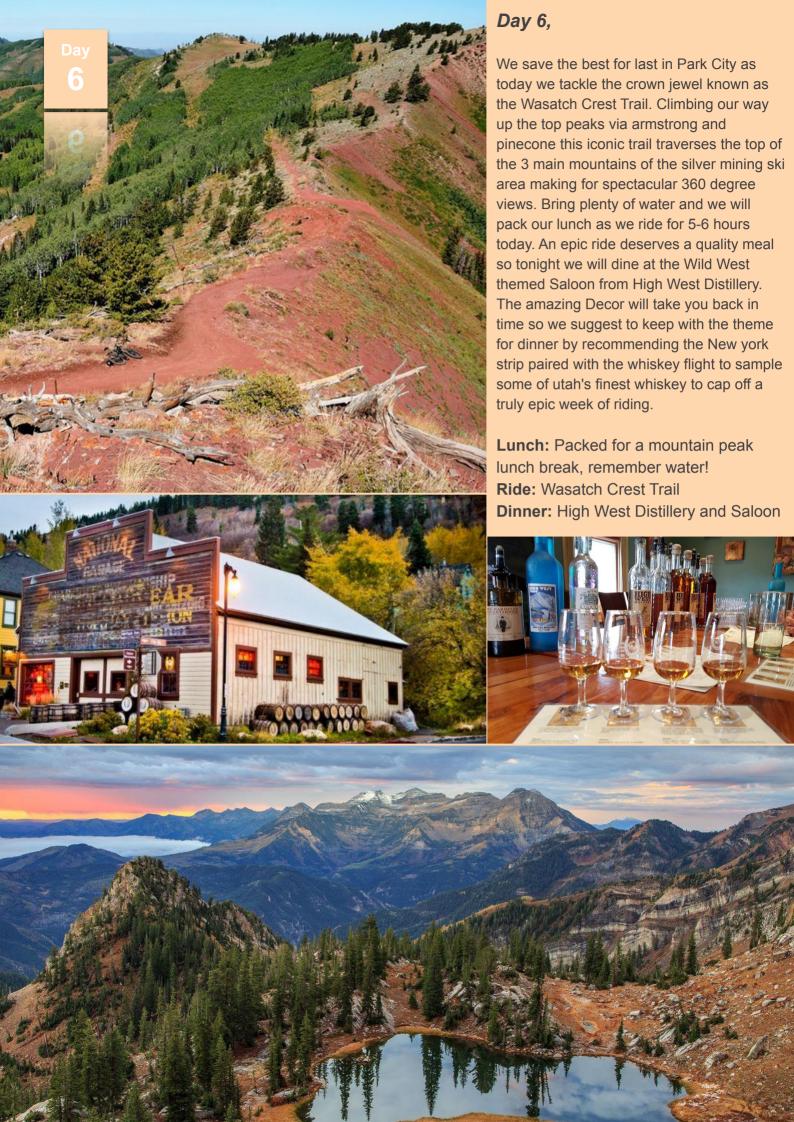
Pub on Main

Day 5,

Today is a special day, Park city was put on the map a few years ago as a XC/Enduro paradise but Downhill racing is in its heritage and those races were held at Deer Valley Mountain. World Championship, Norba races and all types of events have taken place here. Although the races have moved on the gravity feed trails have not, leaving some of the most historic biking trails for you to enjoy. After teaming up with the crew at Gravity Logic who built the bike park trails at Whistler/Blackcomb the Deer valley mountain has put in some new signature trails to go alongside the others. The New flow trails Tsunami and Tidal wave mixed with many more are spread out over this large mountain resort and featuring 3,000 vertical feet of elevation change, Deer Valley offers fun and thrilling mountain bike trails accessed via three chair lifts that will challenge beginners and experts alike.

After a big full day riding and a small lunch break, everyone deserves a drink and the Wasatch Brewpub microbrewery at the top of the iconic main street has the perfect sun filled patio to sit, relax and reflect on the days great trails. It is Utah after all so we recommend the Polygamy Porter draught on Nitro.





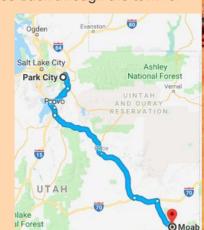
Day 7,

After breakfast in our hotel we pack our bikes for transport and get our bags ready to load into our shuttle down to Moab, UT. A beautiful 4 hour drive stacked with scenery we begin to see the mountain trees turn to the deep red desert rock of southern utah. After checking into our luxury accomodation with outdoor pool, spa and lounge area at canyonlands it's time to head out for an afternoon ride of the classic local trail pipedream. As the sun sets on our new riding location we will cruise back through the town of

moab. Dinner tonight will be at the local spot Eddie Mcstiff's. Popular for In house grounding of their beef patties, the burgers at Eddie's are a must try!

Lunch: On the Road **Ride:** Pipedream

Dinner: Eddie Mcstiff's

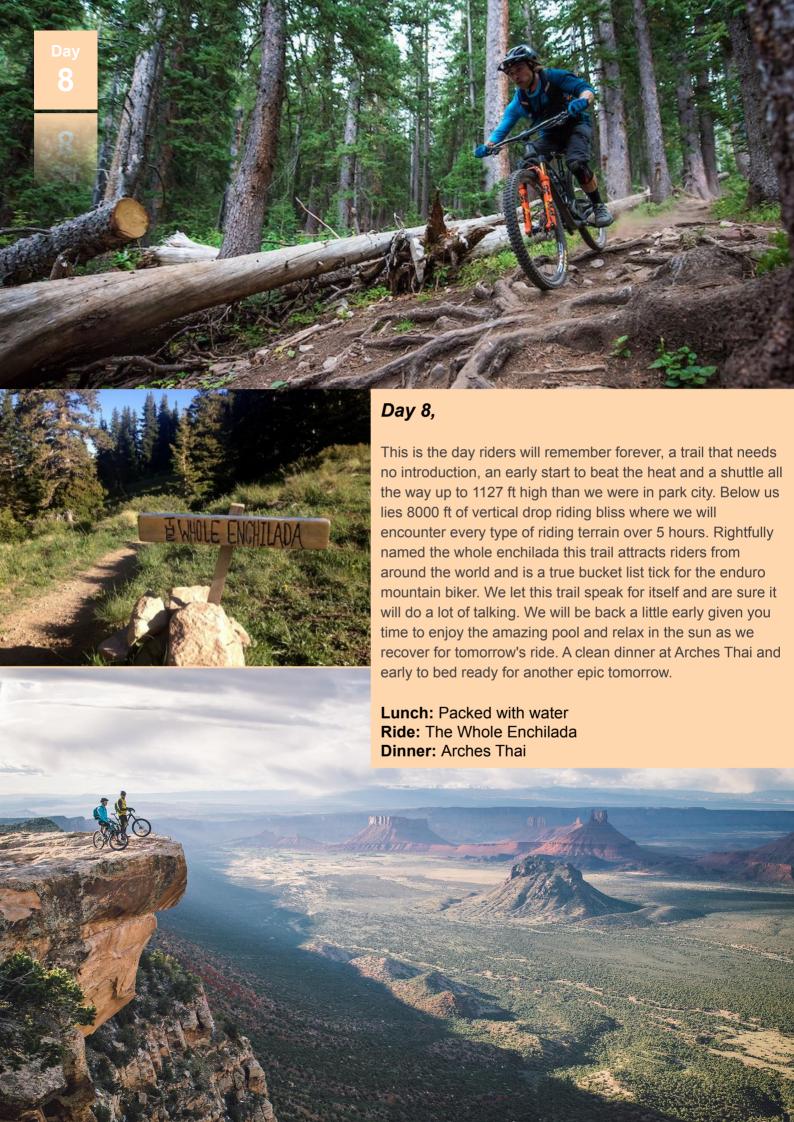












Day 9,

After all the riding we have done we leave a solid effort for your last day in the saddle, this one will leave your legs sore but your eyes fascinated with the truly epic scenery and views that the moab are of utah has to offer. As moab was finding its way as a town the colorado river and old spanish trail served as major trade routes. In 1883 as the rio grande western railroad was constructed north of moab these trails were the hidden escape route to the northern railroad and far away freedom for robbers and their bounty. Consisting of 7 trails linked together the magnificent 7 is another must do ride, you will work hard but be extremely rewarded in a fitting way to a lot of riding. Tonight as our last ride concludes we refuel at Zax all you can eat pizza bar and reflect on the amazing times and riding as a group. A few beers and as much food as you need is a fitting way to finish of this tour of Utah.

Lunch: Packed with more water!

Ride: Magnificent 7 **Dinner:** Zax pizza bar







end and any bike tour is the same, however there should be plenty of memories to remind you and your friends back home of the great time here. So after a breakfast we will load all images from the tour for you to keep and hand out gifts for everyone to return home with. Once our bikes are re packed for travel and loaded into the shuttle with our bags let's sit back talk and enjoy the Utah scenery for one last time as we make the 4 hour drive back to Salt lake city Airport.

